

Snowboard Level 1 Teaching checklist

What is the task? _____

What board performances are present in the task _____

What Board Performance is their main focus? _____

Why do we do this task as we learn to snowboard? _____

How do we do it? Does this explanation match the cert guide task descriptions? _____

Is their demo accurate? _____

Did the teacher make observations? _____

Were the observations specific to their chosen board performance focus? _____

Did they include a safety message? _____

What demographic is this presentation aimed at? _____

Other Comments

Level 1 hot seat questions

1. Is there anything you would like to do over from your teaching segment?
2. What are common problems you see when students are introduced to this task?
3. What joints/body parts are you using to complete the task?
4. How could you introduce safety when teaching this task?
5. How are the other Performance Concepts utilized in this task?
6. What would you change in your teaching segment if you students were Kids? Adults? Old people?
7. Can you explain Maslow's Hierarchy of needs? How does it apply to learning to ski/board?
8. What does the CAP model tell you about a young student?