

Winter 20-21' | Issue 22 | Feb. 12, 2021

A <u>Love</u>ly Weekend Ahead



Since hugs are out right now....

How about give a Pug! Hope
everyone is ready for a chilly threeday weekend up here. Make sure to
come prepared with extra layers
and snacks to keep you energized
throughout the day.

<u>Discounted Lift</u> Tickets?!

PSIA # & AASI

Did you know that your PSIA/AASI membership has benefits? Most ski areas offer significantly reduced rates for current PSIA/AASI members, usually close to 50% off! This is a great way to explore other resorts without breaking the bank.

Lift Line Games

At the beginning of the season, we asked if anyone had games to play with students during down time, either waiting for the lesson to start, in line for the lift, or even on the lift. We had an overwhelming response of one game in particular, Eye Spy! I think everyone knows this one. We also had a fresh suggestion from everyone's favorite retired math teacher turned ski instructor, Rusty

West:

Rusty suggests counting to 1,000,000! This may seem daunting at first but try doing it by 100's or 1,000's, see if they can count backwards as well.



Training Corner



Join Justin Tremlin via the miracle that is the internet for a one-hour class, Monday February 15th at 6:00. Learn how to wax your equipment like someone who actually works on it for a living. Get to know why wax isn't just for making skis and boards faster. Hint: It will not only make your equipment last longer; it will also make your job a little easier.

Just look for "Tech Talk:
Waxing for Mortals" sign up
through instructor.snow.com.
Click HERE to join the
meeting!

KEY DATE:

- February 14th- Valentine's Day
- **February 15**th- President's Day

(Also, the day Valentine's chocolate goes 50% off at stores...)

- February 15th- Tech Talk: Waxing for Mortals W/ Justin Tremlin
- February 20^{th-} National Hoodie-Hoo Day

It Is COLD!

Stay warm this weekend! If you need to warm up with your class use these warming areas:

Youth Programs & Multiweek Lessons - YP building (lower level of the SSBS building)

Privates & Adult Lessons - Trailside Room (next to the Private Lesson Office, in the Pacific Crest Lodge)

Please remember to follow the COVID guidelines while inside, ensure masks remain on 100% and encourage guests to clean up after themselves.



There is no beating around this bush, temps are low! Our bodies work hard to stay warm so make sure that you are fueling up with calories (no skipping breakfast!) and hydrating enough to keep chuggin' along through this WavY poLaR VorTex.

Do you talk too much?

Instructors that talk too much often don't realize it. Watch for these visual cues in your lessons that might be an indicator that you're talking too much and practicing too little.

- 1) People stabbing the snow with ski poles
- 2) Looking around at far off places.
- 3) Looks of confusion
- 4) Yawning
- 5) Checking mobile phone
- 6) Guest falls asleep.



Special Sauce



Google says that Special Sauce is "based on the trifecta of mayo, ketchup, and sweet pickle relish." We all know that those base ingredients are not what makes it special though! You need a little salt and pepper, or a little hot sauce, maybe some honey or even diced onions. Everyone has their own take on how to add the special to the sauce. Of course this, and almost everything else, makes me think of teaching skiing and snowboarding. A lesson has some key components: Instructor (mayo), student (ketchup), and a way to slide (relish). For a youth lesson the special ingredient might be fun nicknames for the class, an imaginary friend you converse with on the chair, or animal noises that change with the size of your turns. For an adult lesson that sauce might be as simple as remembering to call your students by name, filling out a report card from Youth Programs (even though they are not kids!), or even suggesting an online resource for them to continue their snowsports education. Our lessons all begin with the same key components, this weekend let's all add some special to that sauce.