

Stevens Pass Snowsports School

THE WORD

Winter 21-22' | Issue 3 | Oct. 15, 2021

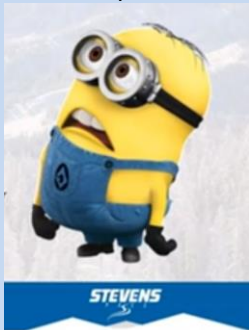
First Snows are Here!



Hope that everyone loves this recent shift in weather! As the cold starts to set in the mountain is getting back to its winter look. Bonus points to **D.O.D (David O'Donnell)** for nailing the snow predication guess!

Thank you to everyone who was able to join us for the live event! It was exciting to share what's been going on and get to chat with some of you.

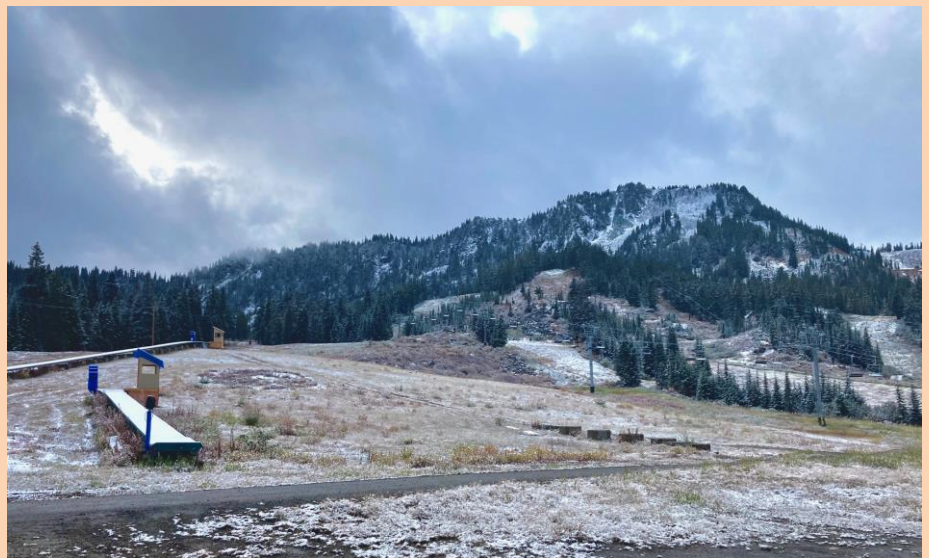
If you were not able to join us, you can view the event recording through the link that you were sent!



Please email SPschoolstaff@vailresorts.com if you would like it sent to you again.

Magic Carpets really are Magic!

Add a little water and they just disappear!
Well not quite. As you will see in the picture though we did make the decision to remove our smallest magic carpet this season and donate it to the Leavenworth Ski Hill!



While this carpet has provided useful transportation for kids when we have been able to utilize it, removing it gives us more space and a much better and safer flow and slope off the main lower carpet. The area will be faster and easier to groom for effective teaching, and it is about 60 feet less of snow removal 😊

KEY DATES:

- **October 15th**- Schedule Submission Forms Due!! ([SUBMIT HERE!](#))
- **October 31st**- Halloween
- **November 25th**- Thanksgiving
- **December 3rd**- Opening Day!



Staying Safe

Snow has started to return to the resort and things are freezing up. Despite the weather change, we have made it through another week without an employee injury at the resort! This brings up 271 days since our last injury, or 76/76 days injury free since August 1st, which is the start of the 2021-22 season! 271 days is almost three quarters of a year, and it's also the 58th prime number. Who knew?!

Great Early Season Training Opportunity - PSIA/AASI Fall Seminar – 10/23/21

The Professional Ski Instructors Association (PSIA) & American Association of Snowboard Instructors (AASI) are hosting an online webinar which include educational sessions for anyone interested in snowsports education. The keynote speaker for the event is Ron Kipp, former US Ski Team coach, along with many sessions to choose from.

For members of PSIA/AASI, this event is equal to 6 educational credits which is the equivalent to a day clinic and will satisfy your yearly educational requirement. This event is open to all, members and non-members. Cost is \$100, register by 10/20/21.

Click [HERE](#) to register or for more information!

Training Corner

Time to Move!



It is time to start working towards your winter goals! Whether your goals include skiing waist deep pow, throwing 540's over a kicker, or being able to ski with your friends and family all day long, you will need some amount of fitness to help get you ready for the season. Below we have a few resources and ideas to get you started...

REI Expert Advice - REI has compiled many videos on skiing and snowboarding for beginners to advanced lessons and how-to's. Check out these articles and videos:

["How to Train for Skiing"](#)

["How to Train for Snowboarding"](#)

PSIA/AASI Fitness for Skiing and Snowboarding- free online for members [Here!](#) Rather Access this by phone?- Find PSIA-AASI's "Snow Pro Library" app (available for Apple, Android, and Kindle Fire users) by searching for "PSIA," "AASI," or "Snow Pro Library" in the appropriate app store.

SKIRAD app- a phone app designed by a Physical Therapist at Whistler Mt. This app has it all including, a fit for snow assessment, exercises, pre snow warmup, post snow recovery, and much more.

"Motivation is what gets you started and habit is what keeps you going" - Jim Ryun

