

Ski and Snowboard School

THE WORD

Winter 22-23' | Issue 9 | Dec. 9, 2022

December Days



Another opening week is in the books!
Some highlights:

- We've had 6 successful days of training so far.
- We've taught over 150 first timers
- We've had 8 injury free operating days within our dept.
- We've gotten all of our front side lifts open
- Plus so much more!

A huge thank you to all of you for helping to make this week such a successful one. As we look ahead, lesson volume is picking up and employee training continues. Let's keep up the momentum!

Free Flu Vaccination

Stay healthy this flu season and protect yourself by receiving a **free** influenza vaccination, which can be given as a shot or a mist, between August 1 and April 30. All active employees are eligible to receive flu shots.

You have three convenient ways to receive a free flu shot:

1. Use this [voucher](#) for participating Walmart pharmacies
2. From your physician (*employees and covered dependents enrolled in a Vail Resorts Medical Plan only*)
3. Through any participating pharmacy that accepts our CVS/Caremark Prescription Plan (*employees and covered dependents enrolled in a Vail Resorts Medical Plan only*)

Educational Ascent Scholarship

If you are currently a student, or will soon enroll as one, the EpicPromise Employee Foundation is now accepting applications for [Educational Ascent](#), a one-time scholarship of up to \$2,500 for U.S.-based Vail Resorts employees.

[2022/2023 Educational Ascent Winter Cycle](#)

Application Opens: December 7, 2022 @ 7am MST
Application Closes: January 11, 2023 @ 11:59pm MST

KEY DATES:

- **Saturday, Dec. 17th – Sunday, Jan 1st** – School Holiday Break
- **Wednesday, Dec. 21st** – Winter Solstice



Time Cards Continued

Reminder! Do not forget to submit your time cards at the end of each workday. Please get timecards submitted 10-15 minutes after your shift. Don't wait until you get home or the next morning. Timecards not received within this period may be delayed in payment especially on pay period end days (alternating Fridays).

Looking for a way to easily access the SRS Timecard?
Here are a couple of tips.

Notes:

We are learning too! One thing we found out:

Do not bookmark the Smartsheet page itself – the date will not update correctly.
Instead, save this link:

https://vailresorts.service-now.com/hrportal?id=srs_redir&ysparm_options=redirect

- Tip 1: Bookmark this link in your phones web browser OR,
Tip 2: Save the link to the home screen of your phone
Tip 3: Save your VR username and password into your phone so you don't have to enter it each time



A LIFT training module on how to best use the Smartsheet Time Card is scheduled to be available this month.

Injury Prevention Tip



Did you know that stretching directly before any kind of physical activity does not necessarily decrease the risk of injury. However, consistent stretching on a regular basis does! Don't forget to stretch regularly throughout the week even if you aren't skiing or riding that day and **ALWAYS DRINK LOTS OF WATER!**