

Ski and Snowboard School

THE WORD

Winter 22-23' | Issue 13 | Jan. 6th, 2022

First Week of 2023



We made it through the first week of 2023! We are so happy to have a strong crew to ring in the New Year with as we celebrate all of our wins together.

- Over 1500 first timers taught
- 36 injury free days
- Launching of all of our programs

We have many things coming up this month but we want to continue focusing on all of our individual health, mental and physical.

By logging into your Epic Employee, you are able to see the many benefits of the Epic Wellness Program.

[Here is the link to view all that is included in our Employee Assistance Program.](#)

Share Your Feedback!

Our Continuous Listening Survey is currently open to all seasonal team members. This is a valuable opportunity to have your voice heard by providing open, honest, and confidential feedback about your experience working for Vail Resorts.

Your voice matters! The deadline to share your feedback is January 13th. [click here to take the survey.](#)



Epic Promise Educational Grant

This is your last reminder to apply for the Vail Resorts Educational Ascent Grant which is a one-time educational scholarship for U.S based Vail Resort employees who are currently enrolled in school or are soon to be enrolled in school. Apply by Monday, January 9th at epicpromise.com/ascent. You are eligible to receive up to \$2,500 to put towards your education.

Epic Promise Scholars, a multi-year educational scholarship for dependents of Vail Resorts team members, will open on Wednesday, January 11th. Visit epicpromise.com/scholars to learn more about this grant program offered by the Epic Promise Employee Foundation.

Happy learning!

KEY DATES:

January 7th- The last day to register for Level 1 Alpine certification

January 13th- Make Your Dreams Come True Day

January 16th- Martin Luther King Jr. Day

ACL Strong

There are still open spaces for ACL strong! This is a free benefit to our staff!

Take it from our own, Rusty West:

The graphic features the ACL Strong logo at the top. Below it, the text reads "YOU'RE IN!" followed by "SIGN UP NOW FOR FREE and Complete the 6 Week Snow Course to:". A list of benefits includes: "Improve On-Snow Performance", "Prevent Injuries", and "Protect Your Lifestyle Long-Term". The graphic also says "TRAIN SMARTER. SAVE YOUR KNEES." and "2022-2023". It includes three steps: "STEP 1: Enroll here." with a QR code, "STEP 2: Apply Coupon Code at Checkout and ask your Group Leader for a Resistance Mini Band", and "STEP 3: Get Instant Access to the Most Trusted Training program for snow skiers, snowboarders, and outdoor enthusiasts!". At the bottom, it says "JOIN THOUSANDS OF SKI AND RIDE PROS GETTING STRONG THIS SEASON!" with social media icons for Facebook and Instagram.

"I have enrolled in ACL Strong in the past to ensure I protect my knees. To keep doing fun stuff on her skis, I need to keep my knees in great shape – and ACL strong has been, and continues to be, one of my best exercise routines. This is free for Vail employees and a great benefit."

PSIA-NW Clinics Near You

Are you looking for a PSIA-NW close to home and/or to get continuing education credits? Here are some upcoming events right here at Stevens Pass!

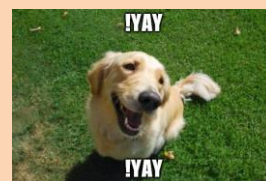
Alpine- "Improve Your Turns," on January 20th, 2023. Clinic leaders Jeff Johnson and Russ Peterson.

Alpine- "Butter vs. Carve," on February 24th, 2023. Clinic leader Russ Peterson.

Snowboard- "Butter vs. Carve," on January 27th, 2023.

Check out the PSIA-NW Events Calendar for more offerings!

<https://www.psia-nw.org/events>



Upcoming Training Fun!

Calling all instructors! Come join us for a pizza party and some sliding fun with friends as we kick off our in-season training. Check the training calendar at instructor.snow.com for clinics available!

Park SMART Verification! Are you looking to teach in the park? To take a group in the park, you will need to be verified through the Park SMART clinic every two years. If you have a FS1 or snowboard level 2 (or above,) you can see Mike for your park sticker. This process has to be completed to take a group into the park.

The Level 1 Alpine Exam is very close! Are you looking to increase your wage by \$1.00 as well as increased knowledge and confidence, consider the L1 exam! Once you have completed the e-learning course and online exam, go to PSIA-NW.org/events to complete the registration.