The WORD

The Ski and Snowboard School Newsletter

Mar. 29 2024

Issue 25 Winter 23'-24'

Almost there!

Happy last Friday of March!

April is around the bend, so make sure to turn in your uniform on your last day. Also, look forward to the resort wide employee party April 15th! Shuttles will be provided, and it goes from 9-3 PM!

News

Quick Guide to Variable Snow Conditions

Navigating the diverse conditions of winter terrain requires adaptability and safety awareness.

Key Points:

- Assess Skills: If deep snow challenges you, consider a skillimprovement clinic.
- Safety Over Terrain: Avoid areas beyond your comfort or skill level.
- Adopt an Athletic Stance: Flexibility and readiness are crucial; avoid stiffness to better manage terrain changes.
- Watch for Hidden Obstacles: Logs and rocks can hide under snow. Be cautious, especially off-piste.

Summary:

Improve your deep snow skills with targeted clinics, prioritize safety by choosing appropriate terrain, maintain an athletic stance for flexibility, and stay alert for hidden obstacles. Following these steps will help you enjoy and safely navigate variable snow conditions.

Nordic Corner

Picking the right wax is crucial for Nordic skiers, balancing weather and snow to nail that glide and kick. But as the season ends, it's time to think about storage. Keeping your gear in shape means you get more joy out of it for longer.

A few tips for the off-season:

Get your gear tuned to clear out the old and be ready for new snow. Cover your bases with a thick layer of soft wax and leave it on to protect them. Ease off your bindings to keep them from wearing out, and find a dry, stable spot for storage, away from car fumes in the garage.

If you wax your own skis, keep your supplies fresh, tossing anything over two years old.

It's not just about the gear, though. Staying fit, seeking coaching, and caring for your equipment all add up to being slope-ready for the next season. A little effort goes a long way toward great days on the snow.



BBQ Potluck - Awards - Good Times!

When: April 6th 2024, 3:30 PM after lessons

Where: Ski School Building

Join us in voting for awards <u>here!</u>



